Training for Supervisors

10-11-12 OCTOBER 2023

Module 1: Introduction to supervision, skills and models of practice
Christine Stevens
What is psychotherapy supervision and why do we need it? We will explore the purpose and function of supervision from a relational, developmental perspective. We will critically evaluate current models of supervision and practice appreciative feedback. Theory, demonstration and experiential learning.

12-13-14 MARCH 2024

Module 2: Developing skills in supervision
Toni Gilligan
Taking it further: ethics, diversity, parallel process. Working with challenging and complex situations. Theory, demonstration, experiential learning and hypervision.

1-2-3 OCTOBER 2024

Module 3: Creativity in supervision
Christine Stevens
Getting beyond the narrative. To work with process and experimentation. Learning styles, excitement and growth. Theory, demonstration, experiential learning and hypervision.

25-26-27 MARCH 2025

Module 4: Beyond the one-to-one
Toni Gilligan
Models of group supervision. Supervision as an embodied, situated relationship. Theory, demonstration, experiential learning and hypervision.

30 SEPTEMBER - 1-2 OCTOBER 2025

Module 5: Consolidation and evaluation
Christine Stevens & Toni Gilligan
Pulling it all together into a supervision practice. Presentations and graduation.

Trainers

Christine Stevens PhD is Editor of the British Gestalt Journal. She is a Gestalt therapist, supervisor, international trainer and writer. She is Research Liaison officer for the IAAGT and a member of the EAGT Research Committee. She worked for many years on the faculty of the Doctorates in Psychotherapy programmes at Metanoia Institute, London, specialising in research methods. She is Director of Clay Studio, Nottingham and involved in trans-disciplinary practice and research.

Toni Gilligan is a UKCP registered Gestalt psychotherapist and supervisor. She offers both individual and group psychotherapy and supervision, as well as training, and consultancy. Toni is of mixed Indian and Scottish heritage and inherited from both her parents a commitment to social justice. Gestalt therapy is about social activism as well as psychotherapy and she seeks to apply this in the fields of equality, diversity and inclusion. Toni is a past president of the IAAGT, and the former Director of Psychotherapy Training at the Gestalt Centre, London.

Information

Applications are invited from psychotherapists, psychologists, social workers, people in caring professions who have a supervisory role.

Participants will form small Home Groups to meet monthly online (91h over 2 years) to practice supervision skills and for peer support.

Graduation requires attendance at all parts of the programme; successful submission of an essay and presentation of live supervision, and full payment of fees.

This programme meets the training standards for EAGT programmes for Gestalt Therapy Supervisors.

Fee inclusive of lunch and refreshments: € 3.125

Time schedule: Day 1: 9h30 - 19h // Day 2: 9h30 - 19h // Day 3: 9h30 - 18h

This training is non residential but in-house accomodation can be booked for a nominal fee. Kortrijk, Belgium, is easily accessible by Eurostar, public transport and plane.

For information contact: info@ivc.be

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